

Act **FAST** at the first sign of **STROKE**

Find the words listed below:

Brain	Fast	✓ Stroke
Confusion	Headache	Sudden
Emergency	SlurredSpeech	SystemOfCare
	Weakness	

F A U S Z E C Q F Y S K E P J O P
A O D Q P Q Q D E C A I T Q V M V
D N G E G Y R E V O R P J N J S N
U A T Y D K L N U N R H E E Y L N
Y R L O O F K M S F H O S S X U F
Q I W F C X M J B U E Q T K M R G
Q D O R P P H M J S Y E L L J R M
Q T Y P V R X N U I M U X H U E E
O G H N A N O D S O S V A R A D O
X C W Z H B D S F N C J E S H S O
E M E R G E N C Y A J E B S Q P H
E K I B N I A E E S S E N K A E W
O X O M A R H D P Z W T J P M E D
K N Z R E B W Q A J A U U Q N C Q
H H B F T T X P T C X G N O C H A
H E R B C S I R D C H Y G I O O U
Q F D S N F Q W A V N E H C W U T

Know the signs of stroke:

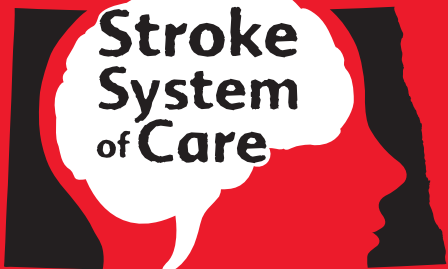
- F** **Face droops on one side**
Does one side of the face droop?
Is it numb? Ask the person to smile.
Is the smile uneven?
- A** **Arm weakness**
Is one arm weak or numb?
Ask the person to raise both arms.
Does one arm drift?
- S** **Speech difficulty**
Is speech slurred? Ask the person to repeat a simple sentence, like “The sky is blue.” Are any of the words wrong or hard to understand?
- T** **Time to call 9-1-1**
If someone shows any of these signs, call 9-1-1 right away. Check the time so you know when the symptoms first appeared.



Unscramble the letters below:

- VTIENORENP _____
- MRATNETTE _____
- SOSIGIADN _____
- LCAMUNEAB _____
- SYBTIDALI _____

1. Prevention 2. Treatment 3. Diagnosis 4. Ambulance 5. Disability



for North Dakota
FAST Access to Stroke Care

When you call 9-1-1 a stroke-ready team is alerted and will prepare for your arrival. Emergency medical personnel will begin life-saving care en route to the hospital. Every minute a stroke goes untreated, 1.9 million brain cells die.

For more information go to ndhealth.gov/heartstroke

